

# **MEDITATION RETREAT – DECEMBER 2014**

## **INFORMATION**

**Start Date:** 19<sup>th</sup> December 2014 (2:00PM)

**End Date:** 28<sup>th</sup> December 2014 (10:00AM)

**Venue:** Neerim Country Cottages  
2470 Main Neerim Road  
Neerim, Vic 3831

### **Registration Steps:**

1. Contact Zoysa (ph: 0410240836) or Madura (ph: 0425801139) to check the availability and provide your contact details
2. Retreat organisers will email you the information and the registration form
3. Make the payment to the bank account provided below under **Payment Details**
4. Complete the Registration form
5. Reply to the email with the reference details (date and reference name/ number) of your payment and the completed registration form

All registration information will be referred to the Spiritual Director Ven. Bodhicitta for confirmation of registration.

### **Payment Details:**

- Fee: \$490 *or*  
\$250 deposit to secure your spot and the balance \$240 to be paid before 1<sup>st</sup> November 2014
- Bank Account Details:  
Bank: ANZ  
Account Name: International Centre for Inner Peace & Happiness Inc.  
BSB: 013 288  
Account Number: 4856 30894

***\*\*Reference information for the bank transfer or the deposit: your name or your phone number to identify the payment***

### **Refund Policy:**

Full refund will be provided only;

- if the meditation retreat is cancelled by Nisala Arana due to unavoidable circumstances
- or*
- if you inform us that you are unable to attend, at least 14 days prior to the retreat start date and the retreat is full by the start date

### **Dress Code:**

All clothing should be in white

**Food and Drinks:**

- Vegetarian meals will be provided during the retreat. If you have any special dietary requirements due to ill health, inform the retreat organisers at the time of the application
- Tea, coffee or alcohol consumption is not permitted during the retreat
- Smoking is not permitted

**Noble Silence:**

- Participants must observe Noble Silence
- Mobile phones must be switched off

**No Valuables:**

Please do not bring any valuables to the retreat

**Related Forms:**

- Registration Form
- To Bring List
- Timetable